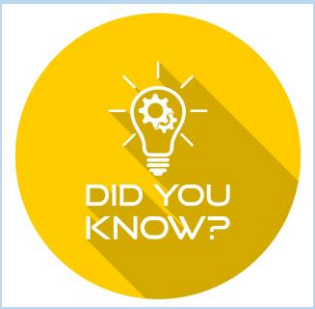
Encompass House

May Newsletter 2022

MESSAGE FROM ENCOMPASS HOUSE

We hope everyone had a great Mother's Day at the beginning of the month. There has been a lot happening this month at Encompass House. We have a new support coordinator joining our team, Sophia at Seaford. Unfortunately, Anita no longer works at Encompass House, and we wish her all the best in her future endeavours. Mia has also returned from Maternity leave part-time at the Reservoir office.



Repair Café Hastings

Open on the 3rd Sunday of every month, 1pm – 4pm

Bring your items to be repaired by their friendly volunteers

@ The Hastings Community Hub, 1973 Frankston-Flinders Road, Hastings

Phone: 0493381029

For more information - Repair Cafe Hastings - Non-Profit Community Group in Hastings

PROGRAM CALENDAR FOR MELBOURNE DEPARTURE

JANUARY – JULY 2022

These camps will depart from Melbourne unless otherwise specified.

Participants will need to get their own transport to the Melbourne Program Departure point.

Program Dates	Program Type	Location	Near Town	Age Group	Cost
4 – 6 February	Weekend Camp (2 nights)	YMCA Camp Manyung	*Mt Eliza*	Kids (6 – 14yrs)	People Outdoor is a registered NDIS Provider. **Please call 03 98636824 or email peopleoutdoors @auscamps.asn.au** **for a quote or to book!** *Our prices are based on July 2021 NDIS Price Guide and the ratio of support required for the camper. Prices are effective 1st July 2021 and valid until 30 June 2022.* **Please note all 'Four Day Camps (3 nights)' are held during the School Holiday* ***'Adventure for All' camps provide the opportunity for campers' friends and siblings to join us on a camp.*
18 – 20 February	Weekend Camp (2 nights)	YMCA Lady Northcote Recreation Camp **Melbourne and Ballarat Departure*	*Bacchus Marsh*	Adults (18yrs+)	
4 – 6 March	Weekend Camp (2 nights)	YMCA Anglesea Recreation Camp	*Anglesea*	Teens (13 – 17yrs)	
19 - 20 March	*SURF CAMP* Overnight Camp (1 night)	UC Camping - Merricks Lodge	*Merricks*	Combined (6 - 17 yrs)	
11 – 14 April	Four Day Camp* (3 nights)	Grantville Lodge	*Grantville*	Adults (18yrs+)	
19 – 22 April	Four Day Camp* (3 nights)	CYC 'The Island'	*Phillip Island*	Combined (6 – 17yrs)	
6 – 8 May	Weekend Camp (2 nights)	YMCA Mt Evelyn Recreation Camp **Melbourne and Ballarat Departure*	*Mt Evelyn*	**Adventure for All (6 – 17yrs)	
20 – 22 May	Weekend Camp (2 nights)	YMCA Camp Manyung	*Mt Eliza*	Younger Adults (18 – 30yrs)	
4 – 5 June	Overnight Camp (1 night)	YMCA Anglesea Recreation Camp	*Anglesea*	Kids (6 – 14yrs)	
27 – 30 June	Four Day Camp* (3 nights)	YMCA Lady Northcote Recreation Camp	*Bacchus Marsh*	Adults (18yrs+)	
4 – 7 July	Four Day Camp* (3 nights)	CYC 'The Island'	*Phillip Island*	Combined (6 – 17yrs)	

TEAR THIS SHEET OUT TO PUT ON YOUR FRIDGE

AUSTRALIAN CAMPS ASSOCIATION
PEOPLE OUTDOORS®
Adventure for all

Experts at providing outdoor experiences for people living with disability.

www.peopleoutdoors.org.au | 03 9863 6824

SPORT – GET INVOLVED!

The Get Active Kids Voucher Program helps eligible families get their kids involved in organised sport and active recreation activities. Eligible children may receive up to $200 to cover the costs for membership and registration fees.

APPLY FOR A VOUCHER

Apply for a voucher up to $200 that you can redeem with a registered activity provider.

When you register or pay for your membership you will provide the activity provider your voucher code and they will reduce the cost of the registration and/or membership fee up to the value of $200.

Applications will open at 2pm on 21 March.

GET REIMBURSED

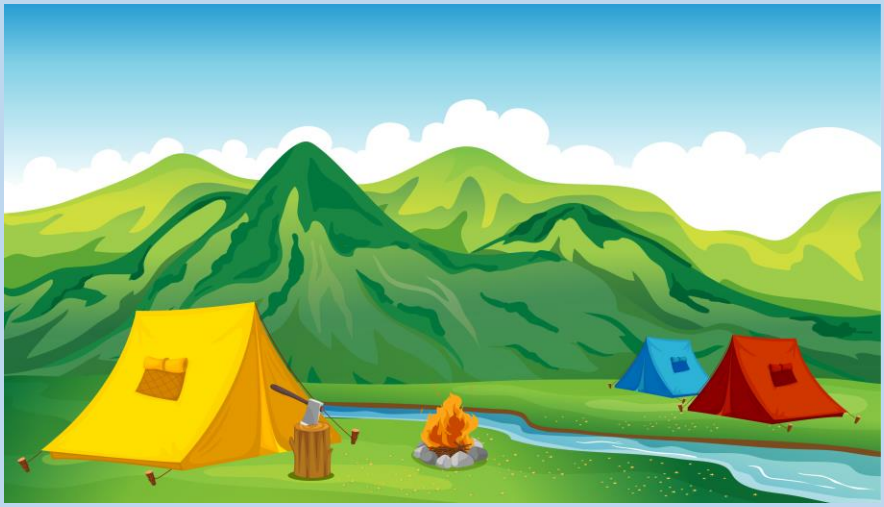
If you have paid for your child's registration fees or membership you can apply to be reimbursed for up to $200. You can be reimbursed for expenses incurred from 1 January 2022.

Applications for reimbursement are open.

For more information - Apply For Vouchers | Get Active Victoria

What's on for Participants?

MENTAL HEALTH RECOVERY CAMP



June 27 - July 1 Lady Northcote Recreation Camp, Glenmore (VIC)
September 19 – 23 Mt Evelyn Recreation Camp (VIC)
Recovery Camp is an empowerment focused and immersive 5-day adventure camp for the wellbeing of adults living with mental health conditions.
Suitable for adults, who live with mental health conditions in the community who want a life changing experience. • Recovery Camp is a certified NDIS provider • Inclusions: cabin accommodation, all meals, activities, therapeutic and social supports • Return bus transport provided from a designated pickup point
Eligibility:
Participants are: • Over 18 • Living with a mental health condition in community • Able to spend a week away from home physically unassisted • Double vaccinated for COVID-19
Cost Inclusive of meals, accommodation, activities, and transport from a designated pick-up point. NDIS: If you are on the NDIS they charge your package to core or capacity building. The cost is $1250 for the week.

For more information call 0439 043 360 or email zoe@recoverycamp.com.au

The Immune Deficiencies Foundation Australia proudly hosts International Entertainment Australia's...

2022 MELBOURNE RAZZAMATAZZ FAMILY VARIETY SHOW

FREE School Holiday Event @ The Thornbury Theatre

Thanks to the generous sponsorship from businesses across Greater Melbourne, this incredible spectacle provides children of all abilities and backgrounds with an opportunity to experience world-class acts of astonishing magic and illusions, hilarious comedy and mind blowing balancing and juggling acts.

Enjoy an inclusive, accessible and flexible environment with a relaxed attitude to audience noise and movement. Theatre doors will remain open, lights dimmed, and a designated quiet area will be available.

If you can't attend the live show, watch a professionally filmed version of the show direct from the stage to your screen, with unlimited streaming and on-demand viewing available!

SHOW DATES & TIMES...

SUNDAY 26th JUNE 2022 @ 11.00am / 1.30pm / 4.30pm

MONDAY 27th JUNE 2022 @ 10.30am / 1.00pm / 6.00pm

To book complimentary tickets and register for streaming access, please email meredithnewman@showintent.com.au or call or text 0404-367-782

IDFA Immune Deficiencies Foundation www.idfa.org.au Australia

Riding for the disability association of Victoria –

How they help

The RDA program's focus is on social, physical and behavioural outcomes

The social aspect of the RDA program gives participants, volunteers and parents a chance to socialize, connect and make friends. This gives all, who are involved, a boost of wellbeing, connectedness and shared experiences. This can be a lifeline for people with a disability who can be isolated and lonely due to restrictions in participation.

The movement of a horse strengthens muscles; in many cases, riding has led to improved mobility, balance and posture.

RDAV is currently undertaking a research project with La Trobe University to look at the effects of the RDA program on people who have behavioural concerns. Parents, carers and teachers say that the program improves concentration, communication and restfulness.

For more information and to find a centre near you RDAV

Advocacy Hour – People with Disability Australia (PWDA)

People with Disability Australia (PWDA) is a national disability rights, advocacy and representative organisation that is made up of, led and governed by people with disability. PWDA works across Australia. Their Wayfinder Hub gives people with disability and their families easy access to the information, advice and referrals they need to understand choices, link to appropriate supports and make informed decisions about the life they want.

The Hub is open to the community to contact via phone, email or internet chat for assistance on any aspect of disability information.

They also help with individual advocates who stand up for the rights of a person with disability and help sort out their complaint, issue or problem. Advocacy support can include going to meetings with or for the person, writing letters, making phone calls or helping them lodge complaints.

All their advocacy services are:

- **Non-legal**
- **Issue-based**
- **Short to medium term**
- **For people with disability who have serious and urgent issues**
- **Provide information to people with disability about how to advocate for themselves.**

For more information

Contact
Phone 02 9370 3100
Free call 1800 422 015

Email pwd@pwd.org.au

People with Disability Australia – A Voice of our Own (pwd.org.au)

Get in Touch

FACEBOOK	INSTAGRAM
WWW.FACEBOOK.COM/ENCHOUSE	www.instagram.com/encompasshouse/
WEBSITE	**EMERGENCY CONTACT**
WWW.ENCOMPASSHOUSE.ORG.AU	OFFICE NUMBERS WILL DIVERT TO AFTER HOURS / EMERGENCY FOR CONTACT

EMAIL

ENQUIRIES@ENCOMPASSHOUSE.ORG.AU

SEAFORD OFFICE

PHONE: 03 9776 9641

ADDRESS: 2/36 HEVERSHAM DRIVE, SEAFORD, 3198

RESERVOIR OFFICE

PHONE: 03 9383 3222

ADDRESS: 912 HIGH STREET, RESERVOIR, 3073

ROSEBUD OFFICE

PHONE: 03 5982 1886

ADDRESS: 6 NINTH AVENUE, ROSEBUD

If you would like to be featured in next month's newsletter, please email mian@encompasshouse.org.au